

# The support budgets in your plan

There are four types of support budgets that can be funded in your NDIS Plan to pay for approved NDIS Supports. You may not have all four budgets.

## Core

- Assistance with Daily Life
- Consumables
- Assistance with Social, Economic & Community Participation
- Transport
- Home and Living
- Young People Living in Residential Aged Care (YPIRAC)



## Capacity

- Support Coordination & Psychosocial Recovery Coaching
- Improved Living Arrangements
- Increased Social & Community Participation
- Finding & Keeping a Job
- Relationships
- Health & Wellbeing
- Lifelong Learning
- Choice and Control
- Improved Daily Living Skills
- Behaviour Supports



## Capital

- Assistive Technology
- Assistive Technology Repairs and Rental
- Home Modifications
- Special Disability Accommodation (SDA)



## Recurring

- Transport Recurring



# Core



The Core Supports budget is made up of six categories. It is the most flexible budget (excluding Home and Living, and YPIRAC). This means you can move your funding around based on where you need it most (unless funding is stated - then it can not be moved).

## Assistance with Daily life

NDIS Supports include

- Yard maintenance
- House cleaning
- Support workers for - showering, dressing, meal assistance

## Consumables

For example

- Contenance products
- Low-cost assistive products
- Non slip mats
- Adaptive cutlery

## Assistance with Social & Community Participation

For example

- Support worker to assist you to attend social and community activities, events and programs

## Transport

For example

- Support that helps you travel to work, or other places that will help you pursue your goals

Note - Transport funding can be paid to everyone differently.

## Home and Living - stated

For example

- Supports to help you live as independently as possible.
- Supported Independent Living (SIL), Medium Term Accommodation (MTA), Independent Living Option (ILO), and Assistance with daily life tasks provided in a residential aged care facility.

## Young People Living in Residential Aged Care (YPIRAC)

Funding for some of your fees and charges if you are a younger person in residential aged care (cross billing).



# Capacity



The Capacity Support Budget helps build your independence and skills to help pursue your goals. Your Capacity Budget is not flexible and must be used for its specific purpose.

## Support Coordination & Psychosocial Recovery Coaching

- A fixed amount for a Support Coordinator or Psychosocial Recovery Coach to help you understand and use your plan. Coordinating supports and providers for you and providing updates to the NDIA

## Improved Living Arrangements

- Support to help you find and maintain an appropriate place to live
- Eg. A support worker who helps you attend inspections or complete rental applications

## Increased Social & Community Participation

- Development and training to increase your skills so you can participate in community, social and recreational activities
- Eg. Group and centred based activities

## Finding & Keeping a Job

- This may include employment-related support, training and assessments that help you find and keep a job
- Eg. Supports that provide a participant with assistance to prepare for, find and retain a job in the participant's employment setting of choice

## Relationships

- This support will help you develop positive social skills and interact with others
- Eg. Support to partake in social activities, behaviour therapies

## Health & Wellbeing

- Supports that are directly related to managing the impact of your disability on your health
- Eg. Dietitian, personal trainer, exercise physiologist

## Lifelong Learning

- Support, training and advice to help you move from school to further education, such as University or TAFE
- Eg. Support worker to assist in going to TAFE or uni, school leaver employment preparation, assistance to transition to employment

## Choice and Control

- Plan Management to help you manage your funding, pay for your supports and services and provide guidance on understanding and utilising your funding

## Improved Daily Living Skills

- Assessments, training or therapy to help increase your skills, independence and community participation
- Eg. Occupational therapy, physiotherapy, speech therapy, psychology, art therapy, music therapy (the NDIS will only pay for evidence-based therapy)

## Behaviour Support

- Supports that are provided by professionals with specialist skills in positive behaviour support
- Eg. Behaviour Support Practitioner to assist in developing a behaviour support plan



# Capital



Capital Supports include higher cost pieces of assistive technology, equipment or vehicle modifications. This funding budget is not flexible, funding must be used for its specific purpose. Quotes can be required.

## Assistive Technology

For example

- Mobility & Personal care items
- Prosthetics
- High powered wheelchairs
- Communication devices
- Vehicle modifications

## Special Disability

### Accommodation (SDA)

For example

- A specially designed house for people with extreme functional impairment or very high support needs.

## Assistive Technology Repairs and Rental

For example

- Supports to repair and maintain assistive technology
- Short-term rental and trial of assistive technology

## Home Modifications

For example

- Handrails
- Ramp installation

# Recurring



Recurring Supports is paid by the NDIA on a regular basis, so you don't need to claim for these. This funding is not included anywhere else in your budget.

## Transport Recurring

For example

- This funding is for your everyday transport needs when you cannot use public transport or travel yourself. This could include taxis or private transport.

